

Antojitos & Ensaladas

Chips and Salsa \$3.95

A basket of corn tortilla chips and your choice of today's fresh salsa from our bar (free refills!)

Guacamole and Chips \$9.95

A half-pint of our simple & delicious guac. Made only with creamy avocado, fresh lime juice, white onion, cilantro and kosher salt. Served with a bottomless* basket of chips with our salsa bar

Quesadillas \$8.95

A large flour **or** 4 corn tortillas (add \$1.50) filled with cheese and grilled to toasty perfection. Topped with fresh guacamole and crema

With Black Beans \$9.95

With Veggies, Chicken or Carnitas \$11.95

With Carne Asada \$13.95

Nachos \$9.95

A big plate of crispy tortilla chips layered with black beans and melted cheese topped with house salsa, our fresh guacamole and crema

With Veggies, Chicken or Carnitas \$12.95

With Carne Asada \$14.95

Special Salad of the day

Local greens, tossed with fresh veg, fruit, nuts, cheese and more! It's different every day... \$10.95

With Chicken, Veg, Carnitas or Carne \$14.95

With Maine Lobster \$ Market

Cabbage Ensalada de la Paz \$9.95

Shredded cabbage tossed with fresh lime juice, tomatoes, cilantro, onion, kosher salt & jalapeños. Served with chips **or** house-made corn tortillas and topped with a dollop of fresh guacamole

There may be **nuts** everywhere, be careful!

Some of our Fillings

Choose from a rotating selection of fillings for your Tacos, Burrito/Bowl, Quesadilla or Nachos (in which case it would really be more of a topping...)

Check the board for today's Special offerings!

Bean & Cheese

Our famous organic black beans cooked with jalapeño chilies, onions and a touch of cumin, with lots of melty cheddar cheese

Rajas y Papas

Zippy, roasted poblano chilies and potatoes baked with cream and chèvre

Grilled Veggies (Daily)

Mixed, fresh veggies, marinated and grilled. Changes every day, depending on what we grow in our garden or find on the market

Pollo Cocido

All-natural chicken, braised with fresh lime juice, garlic and chiles

Carnitas

Slow-braised, shredded pork with chilies, onions, citrus and spices. Juicy, a little spicy, and super tasty

Carne Asada

Char-grilled, all-natural beef flank steak seasoned with fresh lime juice, sea salt and spices. Beef, salt, lime.....yum

Spicy Lobster available as Taco/Burrito/Bowl only

Our house special! Maine lobster, sautéed in an achiote & garlic butter. It's totally lobsteriffic!

Burritos/Bowls

A grilled, 12" flour tortilla topped with melty cheese and wrapped around organic black beans, Mexican rice, crema and our fresh House salsa.

Served with chips and a trip to our salsa bar

Bean & Cheese \$5.95

Plus your choice of fillings:

Grilled Veggies \$7.95

Rajas y Papas \$7.95

Pollo Cocido \$7.95

Carnitas \$7.95

Carne Asada \$9.95

Spicy Lobster \$ Market

Tacos

Three fresh, house-made corn tortillas topped with your choice of a filling, a pile of tangy & crispy cabbage Ensalada de la Paz, rich crema and our fresh guacamole. Served with local, organic black beans & seasoned Mexican rice

Bean & Cheese \$9.95

Grilled Veggies \$10.95

Rajas y papas \$10.95

Pollo Cocido \$10.95

Carnitas \$10.95

Carne Asada \$12.95

Spicy Lobster \$ Market

We happily accept:

Cash, M/C & Visa, ATM, Checks, Trade or Barter

Para los Niños

For those small in stature, and less adventurous of palate, or those just hankering for a simpler, lighter meal

Mini Burrito \$5.00

Choose your kid's favorite combination of rice, beans, cheese and chicken

Kid's Quesadilla \$5.00

Just a grilled cheese, unadulterated by sour cream or guac. Plain and simple as can be

PB&J Quesadilla \$5.00

Surprisingly delicious! Creamy peanut butter with Nervous Nellie's strawberry jam

Flour Tortilla \$1.75

Simple and delicious, warmed on the grill, maybe with a little butter?

Sides

Fresh Salsa

1/2 Pint \$5.00
1 Pint \$9.00

Guacamole

1/2 Pint \$8.00

Black Beans or Mexican Rice

4oz. \$2.00
1/2 Pint \$4.00

Fillings (Proteins)

4oz. \$3.00
1/2 Pint \$6.00

Merch

T-shirts \$20.00

High-quality, 100% cotton. Send us a photo of yourself sporting your shirt in front of a world-famous landmark, and we'll feed you a free burrito!

Hats \$18.00

Washed cotton with embroidered El El logo

Enameled Pins \$12.00

Let your freak flag fly!

Beverages

Agua Fresca \$3.00

House-made, from a selection of delicious and unusual fruits, flowers or herbs with a little sugar

Horchata (House-Made) \$3.00

Our version of the Mexican-style rice & almond drink, made with vanilla and a hint of cinnamon

Best-ever Iced Coffee \$3.00

Our special blend, served with heavy cream

Iced Tea \$3.00

House-brewed & unsweetened— Black tea or a random fruity/herbal tea of the day

Soft Drinks - cans \$1.50

Soft Drinks - bottles \$2.50

Dessert

Baked Goods

House-made, daily assortment of cookies, cakes & stuff. Check the counter

Ice Cream Sandwich \$6.00

House-baked chocolate-chipotle cookies filled with premium vanilla ice cream

Ice Cream Novelties \$varies

Various regionally-produced ice cream, paletas, popsicles or ices

We'd appreciate it if you'd tell your friends about us!



EL EL FRIJOLES

Mexican Food

41 Caterpillar Hill Rd (Rt.15)
Sargentville, ME 04673

Our summer hours are:
Wednesday-Saturday
11am. to 8pm.

207.359.2486

elelfrijoles.com